

**RE-ENGAGE  
REFOCUS  
REBUILD**



**ALTERNATIVE  
PROVISION**



**WWW.NOVAALTERNATIVEPROVISION.CO.UK**

# OUR VISION

Welcome to Nova Alternative Provision, where we are dedicated to creating a nurturing environment that embraces inclusivity and offers a customised curriculum to cater to the individual learning needs of every young person.

From Key Stage 1 students beginning their educational journey to Key Stage 4 learners preparing for qualifications and life beyond school, Nova's tailored approach ensures every child and young person receives the support and opportunities they need to succeed.

At Nova Alternative Provision, we understand that mainstream education doesn't fit every young person. Our mission is to create a safe, nurturing environment where students can thrive academically, emotionally, and socially. By combining innovative teaching methods, therapeutic support, and practical skills development, we empower young people to overcome barriers, achieve their goals, and build meaningful futures.

We work with schools, families, and communities to deliver personalised interventions that meet the unique needs of every student. Together, we're helping to re-engage, refocus, and rebuild lives.

## WHO WE SUPPORT

Nova Alternative Provision is designed for students in Key Stages 1–4 who are struggling in mainstream education.

This includes young people who:

- Experience social, emotional, or mental health challenges
- Face exclusion or risk exclusion from school
- Have additional needs requiring tailored interventions
- Need support to reintegrate into mainstream settings
- Are preparing for post-16 transitions, including work and training

## PROGRAMMES WE OFFER

NovaCity provides flexible placements to meet diverse needs across primary and secondary levels:

1. Assessment Placements (12–20 weeks)
  - Identifying barriers to learning and behaviour
  - Developing tailored intervention strategies
  - Focusing on improving engagement and attendance
2. Full-Time or Part-Time Provision
  - Core academic and vocational training
  - Holistic support for emotional and social development
  - A structured timetable to build routine and stability
3. Reintegration Support
  - Gradual reintroduction to mainstream school environments
  - Ongoing emotional and behavioural support
4. Post-16 Transition (Secondary Only)
  - College, apprenticeship, or employment preparation
  - Work experience and career guidance





# Our Provision OVERVIEW

## PRIMARY PROVISION (KEY STAGES 1–2) BARNESLEY VENUE

Our primary provision is focused on building early foundations in education while supporting emotional and social development. We provide:

- Academic subjects (Maths and English) with a focus on engaging activities
- Sensory and play-based therapies to support regulation and resilience
- Creative outlets, including arts and crafts and messy play
- Physical activities designed to promote health and confidence
- Emotional support to help children develop self-awareness and coping strategies
- Theraplay intervention (recommended for 12 weeks)

## SECONDARY PROVISION (KEY STAGES 3–4) ROTHERHAM AND BARNESLEY VENUE

Our secondary provision prepares young people for reintegration or post-16 transitions by focusing on academic achievement, life skills, and personal growth. This includes:

- Academic qualifications: Functional Skills, AQA Unit Awards, and GCSEs
- Vocational skills and career guidance
- Therapy-based interventions for mental health and well-being
- Practical life skills, such as cooking and budgeting
- Opportunities for work experience and enterprise projects

## WHAT MAKES NOVA UNIQUE?

Our holistic approach integrates academic, therapeutic, and personal development support for all ages:

### Primary Focus

- Engaging, sensory-rich learning activities to encourage curiosity and participation
- Safe spaces and calm zones designed for young children to regulate emotions
- Theraplay, mindfulness, and story-based interventions for emotional growth

### Secondary Focus

- Specialist careers advice and post-16 guidance for older students
- A range of qualifications and work experience opportunities to suit individual aspirations
- Access to Nova's cutting-edge facilities, including the UK's largest parkour park

### Across All Key Stages

- Highly trained staff who specialise in SEMH and alternative education
- Personalised learning plans tailored to each student's needs and goals
- Family-focused interventions to build a strong support network

# FACILITIES

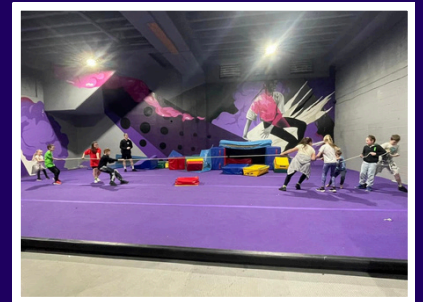
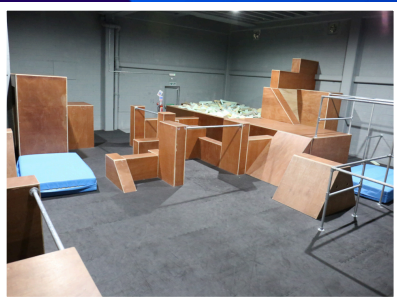
Our state-of-the-art facilities inspire and support learning across all ages:

- Classrooms designed for interactive and sensory learning
- Creative spaces for art, crafts, and photography
- Fully equipped kitchen for life skills training
- The UK's largest parkour park and indoor sports facilities
- Dedicated sensory rooms and calm spaces

## ROTHERHAM



## BARNSELEY



# CURRICULUM

We offer a broad and balanced curriculum across all key stages:

### Primary Curriculum

- Core: Maths and English
- Creative: Art, music, and crafts and dance
- Physical: Fun, structured activities, including gymnastics and parkour

### Secondary Curriculum

- Core: GCSE and Functional Skills in Maths and English, AQA Awards
- Creative: Art, photography, and enterprise projects
- Life Skills: Budgeting, cooking, and employability training
- Physical: Team sports, parkour, dance, and fitness

### Therapeutic Activities for All Ages

- Theraplay, mindfulness, and creative arts
- Emotional well-being and resilience workshops
- Sensory-based interventions to support regulation

# OUTCOMES

At Nova, students leave with:

- Improved Behaviour & Engagement: Better self-regulation, attendance, and participation across all key stages.
- Strong Foundations for Learning: Core literacy and numeracy for KS1-2, leading to recognised qualifications like AQA Awards, Functional Skills, and GCSEs in KS3-4.
- Confidence & Resilience: Enhanced emotional skills, self-belief, and social connections.
- Clear Future Pathways: Support for smooth transitions into post-16 education, training, or employment.

We help students build brighter futures, no matter their starting point.

# OUR PROCESS



We work closely with the schools, the student, and the family to aim for a good fit that will get the results that are needed. This is done for each student as part of an individual learning plan, with key objectives agreed upon by all parties. This is then reviewed each term with the end goal being reintegration to mainstream or creating the most positive steps forward through qualifications and experience.

## STAGE 1 - REFERRAL & INITIAL ASSESSMENT

Students begin their journey with us in a supportive, nurturing environment designed to assess their needs and challenges while fostering initial improvements.

TIMEFRAME: 6 weeks (half-term)

FOCUS AREAS & KEY METRICS:

- Addressing and improving behaviours that may hinder learning
- Achieving attendance improvements through consistent routines
- Creating a safe, engaging environment conducive to learning
- Encouraging participation in work, projects, and activities to boost confidence

## STAGE 2 - EDUCATIONAL PLANNING

Students who demonstrate a good fit with Nova but are not yet ready for reintegration or require continued alternative support transition to this stage. This phase prioritises structured academic growth and positive engagement while tracking progress.

TIMEFRAME: Assessed each half-term (unless a long-term plan is already in place)

FOCUS AREAS & KEY METRICS:

- Continued improvements in attendance and behaviour
- Consistent, positive engagement with the curriculum and activities
- Completion of AQA Unit Awards to document and celebrate progress
- Successful participation in both individual and group work

## STAGE 3 - LONG-TERM ATTENDANCE

This stage is for students who thrive within Nova's provision and for whom ongoing support plays an integral role in their academic and personal journey. Time is often shared between Nova, mainstream schools, or other providers as part of a broader educational plan.

TIMEFRAME: Assessed each half-term (unless a long-term plan is already in place)

FOCUS AREAS & KEY METRICS:

- Full engagement with Nova's provision, leading to improved work output and behaviour
- Regular, meaningful participation in curriculum-based activities, including creative and vocational projects
- Completion of AQA Unit Awards to reflect sustained progress
- For Key Stage 4 students: support and preparation for qualifications, including GCSEs, ensuring a smooth post-16 transition



## IN THE CLASSROOM

We believe that a positive and nurturing classroom environment is essential for our students to thrive.

**Individualised Support:** Our highly trained staff members prioritise building strong relationships with students. We create personalised learning plans to address each student's specific needs and offer ongoing emotional support.

**Safe and Secure Spaces:** We provide safe and secure learning spaces that promote a sense of belonging. Students feel comfortable expressing themselves, building trust with peers and staff, and exploring their interests in a structured and supportive setting.

**Positive Behaviour Management:** Our skilled team utilises effective behaviour management strategies to maintain a calm and constructive atmosphere. We focus on fostering positive relationships, promoting self-regulation skills, and encouraging responsible decision-making.

Subjects:

- Maths & English + PSHE
- BTEC Dance / P.E
- OCR Fine Art or Photography
- AQA AWARDS
- Crafts and cooking
- Basic Horticulture & Food Science
- Lifeskills & Employability

## PHYSICAL ACTIVITY

NovaCity was established with the aim of offering physical training activities and immersive experiences, which form the foundation of our alternative provision programme. Right from the start, learners are encouraged to actively participate in our tailor-made physical activity setup.

At the heart of this setup is the UK's largest Parkour Park, complemented by sponge pits, dance floors, and sprung floors.

Our experience has shown that providing engaging novel and demanding activities can effectively break down defensive barriers when it comes to communication, self-esteem, confidence, and responsibility.

These outcomes encompass the development of planning skills, safety awareness, risk assessment, building confidence, increasing physical activity levels, promoting health benefits, strengthening mental resilience and perseverance, and enhancing communication skills.

Activities:

- Parkour
- Dance
- Fitness
- Basketball
- Team Games
- Strength and conditioning

## THERAPEUTIC BEHAVIOR MANAGEMENT

At Nova, we place a strong emphasis on addressing behaviour challenges to ensure every student, from Key Stage 1 to Key Stage 4, can thrive in their learning environment. We recognise that behavioural issues often stem from frustration or barriers faced in mainstream settings, and we work collaboratively to turn these challenges into opportunities for growth.

### UNDERSTANDING THE INDIVIDUAL

Before a student joins our provision, we conduct a thorough pre-placement assessment to understand their unique needs, history, and triggers. This collaborative process allows us to create a tailored learning programme, ensuring all staff are equipped to provide the necessary support.

### THERAPEUTIC SUPPORT MECHANISMS

We address behaviour issues with a compassionate, student-centered approach, aiming to break the cycle of negative behaviours through therapeutic support. Our strategies include:

- **Mindfulness and Self-Awareness:** Encouraging students to explore their thoughts and feelings in a safe environment.
- **Honest Communication:** Building trust by fostering open and respectful dialogue between students and staff.
- **Physical and Artistic Activities:** Engaging students in creative and physical outlets to help them process emotions and develop positive coping mechanisms.

### EMPOWERING POSITIVE CHANGE

Our ultimate goal is to equip students with the tools to take ownership of their behaviour. By promoting self-regulation, responsible decision-making, and constructive coping mechanisms, we help students re-engage with their learning programme and develop skills for long-term success.

# OUR ASPIRATIONS

## ACADEMIC

We aim to re-engage students with learning. IT systems, classroom space, kitchen facilities, and our physical learning space create a unique environment in which learning can take place. Whether it's Key Stage 1 or Key Stage 4, core subjects like English, Maths, and Science are integrated into all activities to make learning relevant and hands-on. At every stage, we provide rewards and positive reinforcement, boosting students' confidence and encouraging them to stay engaged in their learning journey.



## NURTURE

Emotional and well-being support is a core part of our programme and runs throughout. From Key Stage 1 through to Key Stage 4, our team is dedicated to supporting students' emotional and mental health. Our team is qualified to deliver Creative Expressive Therapies to enhance our learning environment and to promote growth, transformation, and empowerment. This approach combined with our pastoral wrap-around services provides a safe space for clear communication about feelings and issues students may face, allowing the staff to create the positive pathways required.



## EXPLORATION

We aim to encourage creativity and thinking outside of the box. As a social enterprise, we have access to community projects, experiences, and initiatives that the young people attending the provision can become part of.

Our academic learning and well-being goals are integrated into project work and other wide-reaching activities that are designed to instill pride in the individual by helping others and themselves. The end goal of this work is to connect young people to positive ideas and inspire people to bring about long-lasting change, encourage individual talents, and give them real-world work and project experience.

For example:

- Community Gardening Projects (KS1–4)
- Collaborative Art (KS1-4)
- Creative Writing and Storytelling (KS1–KS4)
- Student Teacher programme
- Business start-up advice and experience
- Photography, Film and Creative design
- Outdoor pursuits and activities (KS1-4)
- Lifeskills, career / education planning



# PACKAGES

## PACKAGE 1

KS1 & 2 Full-time - 10.00-2.00 = £90 per day  
Part-time - 10.00-12.00 or 12.00-2.00 = £50 per day

KS3 & 4 Full time -9:30 - 2:30 = £85 per day  
Part-time 9:30 - 12:00 or 12:00 - 2:30 = £55

- Assessment Placement
- Building Self Esteem
- Mental Health Support
- Long-Term Absentee programme
- School Reintegration
- Re-Engagement
- Respite
- ASD Group: Social Skills, Lego Therapy, Friendship
- SEND Support
- Behaviour Management
- 6th Day Provision Emergency Placement
- Work Experience for KS4 learners
- Access to the trampolining park incorporated into the curriculum offer
- Access to the sensory room

## PACKAGE 2

One-To-One support (academic and pastoral)

£130 full day / £65 Half day

- This option includes sessions within the group on-site or in an alternative venue e.g. home or within an alternative venue

## PACKAGE 3

Available upon request and can be added to the Package 1 & 2

- EHCP Support
- Non-Judgemental SEN Coffee mornings/afternoon
- Respite for parents during school holidays
- SEN Support provided by highly experienced SENCO
- Functional English and Maths for Adults
- SEN audit
- Safeguarding consultations and audit
- Team Teach De-escalation Training for parents and professionals
- ASD/ADHD workshops for parents and professionals
- Off Site provision setting consultation for schools
- Before (7.30-9.00) and After (3.00-4.00) school Clubs
- Theraplay intervention delivered by a qualified family therapist.



# NOVACITY BARNSELEY

NovaCity Barnsley offers an exciting venue for primary and secondary schools to enhance PE, extracurricular activities, and reward programs. With specialised facilities for parkour, trampoline, and dance, our venue provides engaging, high-energy sessions in a structured, supervised environment.

## Venue Facilities:

- Parkour & Trampoline: Build agility, balance, and confidence in a fun, safe setting.
- Dance Workshops: Tailored sessions to promote fitness, coordination, and creative expression.
- Custom PE & Reward Programs: Design bespoke sessions to align with curriculum goals or reward achievements.

## Booking Options:

- Full-Day Booking: For large groups or multi-activity sessions.
- Hourly Slots (1-3 hours): Ideal for individual activities or rotating PE/reward programmes.

## Supervision & Staffing:

NovaCity staff will guide sessions, ensuring safety, instruction, and alignment with school goals, while school staff assist with supervision and student engagement.

## PRICES AND PACKAGES

Package	Group Size	Duration	Price (Per Head)
Hourly Small Group	Up to 15 students	1-3 hours	£7 - £10 per hour
Hourly Large Group	16-30 students	1-3 hours	£5 - £9 per hour
Full-Day Booking	Up to 30 students	6 hours	£20 - £23
Full-Day Extended Group	31-50 students	6 hours	£16 - £18

## ADDITIONAL BENEFITS FOR SCHOOLS

- Unique Learning Environment: Energising students with a break from traditional PE, promoting active participation.
- Skill-Building & Confidence: Activities that enhance coordination, agility, teamwork, and self-discipline.
- Flexible Scheduling: Customisable time slots and packages to fit your school's needs.

## HOW TO BOOK

Contact our team for booking inquiries, package details, or to arrange a facility tour. We're happy to discuss customised sessions.

## CONTACT INFORMATION:

Rebecca Heptinstall  
NovaCity Alternative Provision Manager  
Rebecca.novacityap@gmail.com

# KEY INFORMATION

## SCHOOL DAY

Monday to Friday - 9.30 am - 2.30 pm

## FOOD ARRANGEMENTS

Café on site - Hot and cold beverages and food. FSM accepted and billed separately

## WHAT TO WEAR

Comfortable clothing (casual/sports)  
Comfortable footwear (trainers)  
Physical activity may be included - changing areas are available.

## PICK UP AND DROP OFF

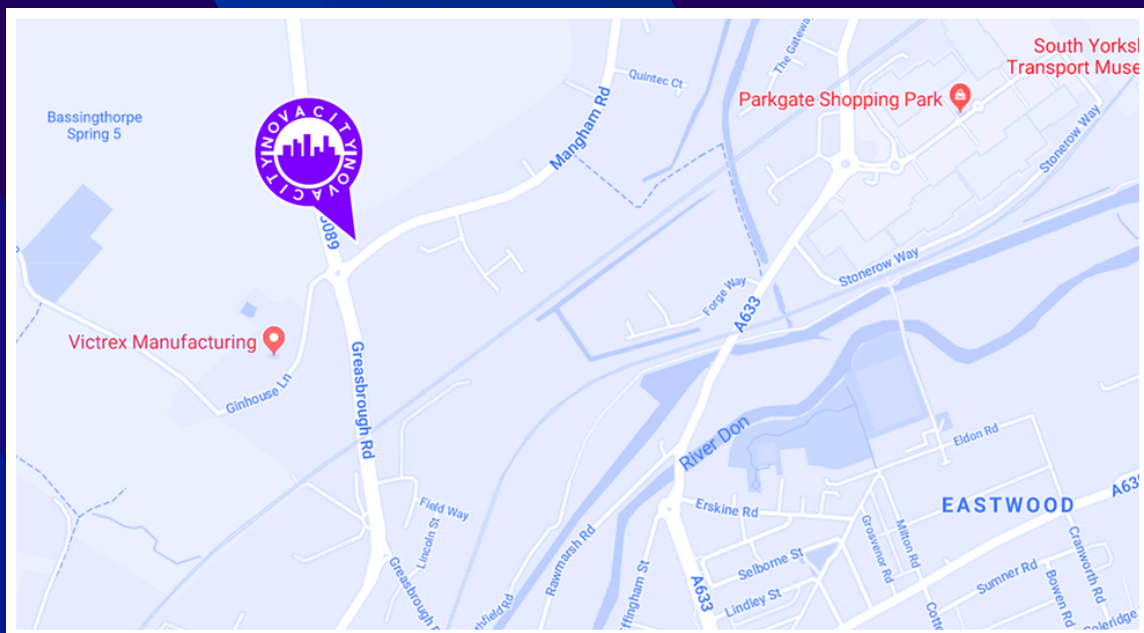
This is to be arranged collaboratively with schools, families and the centre.

## ACCESS VIA PUBLIC TRANSPORT

Bus - From Rotherham Central = Bus numbers 36, 140, and 142  
A bus stop is located a short distance from the centre.

## ADDRESS

NovaCity, Unit 1  
Mangham Road  
Rotherham  
S61 4RJ



## CENTRE CONTACT INFORMATION

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